

## **INTRODUCTION**

**(I)**

**Fire Ops SA** is a Non-Profit, Volunteer-based private firefighting company.

We are launching our Cadet Assessment Selection Program (CASP) to develop candidates who show the required mettle, into well-skilled firefighters and Junior Commanders.

|                               |                                                                                              |
|-------------------------------|----------------------------------------------------------------------------------------------|
| <b>Date:</b>                  | Friday September 6 <sup>th</sup> , 2019                                                      |
| <b>Time:</b>                  | 07h00 - 17h00                                                                                |
| <b>Duration:</b>              | One day                                                                                      |
| <b>Venue:</b>                 | Meyerton Fire Station<br>Corner: Johan Le Roux Drive and Galloway Road<br>Meyerton. Midvaal. |
| <b>Evaluation fee:</b>        | R200.00 cash to be paid (which includes light lunch and drinks)                              |
| <b>Citizenship:</b>           | Candidate must be a South African Citizen                                                    |
| <b>Age:</b>                   | Candidate must be between the ages of 18 and 24 years old.                                   |
| <b>Gender:</b>                | Candidate must be male.                                                                      |
| <b>Minimum Qualification:</b> | Matric Certificate                                                                           |
| <b>Fitness:</b>               | Must be physically fit                                                                       |
| <b>Swimming:</b>              | Must be a strong swimmer                                                                     |

## **VERY IMPORTANT**

**(II)**

The program must not be under-estimated. Come well prepared. Only the very toughest will be considered for a Cadetship.

Read the instructions on this website very carefully.

Follow the instructions to the T when completing the application.

The check sheet is intended to guide the Applicant so that nothing will be missed. Put the fully prepared set of documents in a brown A4 envelope, with your name and telephone number clearly shown on it.

Hand the envelope with documents in when you register at the Pre-selection venue on the Friday morning.

## What are the future prospects after selection?

(III)

Candidates who successfully complete Selection will be offered a cadet internship for firefighter training.

Firefighter Cadetship is for a period of one year.

Listed here under are some of the evolutions the Cadet will be trained in during the period of twelve months.

There will be three Cadet Selection sessions per annum, in future.

### ***Firemanship***

Fire Technology and Science

Fire Risk Identification and Assessment

Tactical Firefighting Theory and Practical

Hot Firefighting Training - the bulk of the work

Fire-ground strategies

Hazardous Materials Spillage Management

Confidence Assessment

Rescue Training - a variety of evolutions

Incident Command

Abseiling – Acrophobic persons need not apply

Confined Space exercises – Claustrophobic persons need not apply

Team building exercises

Swim / water survival - ***we do not teach swimming; candidates who cannot swim need not apply***

## General

(III)

### **1 Registration fee - R200**

The fee is payable in cash when you report at the selection venue.

### **2 Transportation to the venue**

Each candidate is fully responsible for transport arrangements.

FIRE OPS SA do not take any responsibility for transportation arrangements.

Candidates must be at the mustering point at 06h45 on **Friday 6<sup>th</sup> September 2019**.

Registration starts at precisely 07h00. Those not inside the premises by that time will be turned away.

### **3 Documentation**

All documents noted on the "Documentation Checksheet.pdf" must be in a brown A4 envelope, with your name and telephone number on, written in thick bold letters. The envelope must be handed in on registration.

### **4 Clobber and other paraphernalia you are required to bring for the day**

Running shoes

PT shorts

T-shirt

Swimming trunks.

Towel

Toiletries

## PHYSICAL TEST EVOLUTIONS

(IV)

Run 600 meters with Breathing Apparatus and face mask - in under 5 minutes

100m sprint in under 16 seconds

20 sit-ups

15 push-ups

40 crunches

40 mountain climb steps

5 pull-ups

Carry a candidate of equal weight: fireman's lift 50 meters

20 bench-presses (40kg)

Acrophobia - Testing for fear of heights on the fire tower of the fire station using ladders.

Candidate must NOT be acrophobic

Claustrophobia - Testing for fear of confined spaces. Candidate must NOT be claustrophobic

200m swim in 20 minutes – Candidate must be able to swim.

**UNDER NO CIRCUMSTANCES MAY ANYONE ATTEMPT TO TAKE SELFIES OR OTHER PHOTOGRAPHIC MATERIAL TO PUT ON SOCIAL MEDIA.**

**NO CAMERAS OR CELL PHONES WILL BE ALLOWED ON THE EVALUATION GROUNDS.**

**CELL PHONES WILL BE COLLECTED AND RETURNED AT THE END OF THE EVALUATION DAY.**

**Candidates may declare Voluntary Withdrawal (VW) at any time and terminate their evaluation.**

## **DO NOT**

\* Bring any jewellery, expensive watches or cash. (FIRE OPS SA and its representatives will not be responsible for any losses of personal items.)

\* Attempt to take selfies or other pictures